

Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024

Meet Program - Saturday 25 May 2024

Event 43 Women 25 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
0	Farha Ehab Abou El Senoun	25	Heliopolis	NT
1	Klara Esam Adly Nashed Soliman	26	Shooting	NT
2	Merna Amr Abd EL Fatah	27	Heliopolis	NT
3	Salma Abd EL Hakeem Mohame	28	El Shams	NT
4	Sanna Ashraf Mohmed	29	Cairo	NT
5	Rafif Hesham Sayed	29	El Zohour	NT
6	Yara Moustafa Hassan Aly	28	Olympic	NT
7	Hannya Hossam Nabil Ibrahim	27	El Gezira	NT
8	Mariam Houssin Kamal	25	El Zohour	NT
9	Hedy Amro Mostafa	25	Heliopolis	NT
Heat 2 of 7 Timed Finals				
2	Yasmeen Moussad Mohamed Ismaie	30	El Zohour	NT
3	Sara Hasheim Mohamed Abou El Sec	33	Shooting	NT
4	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT
5	Mena Naser Radwan	33	Heliopolis	NT
6	Mirna Mohamed Mohamed	30	Maadi	NT
7	Sally Saad Elfeshway	30	Cairo	NT
Heat 3 of 7 Timed Finals				
1	Aya Ezzeddin Abdelhamed	36	Shooting	NT
2	Heba Alla Yahya Abd Elrahman	38	Ahly	NT
3	Yoummna Hossam Eldin Hamed	38	Heliopolis	NT
4	Alaa Ahmed Abo ElFotoh	39	TM Sports	NT
5	Shaymaa Samy Tawfeik	39	Heliopolis	NT
6	Nora Fouad Ali Ibrahim	38	Shooting	NT
7	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT
8	Dina Ahmad Mohammad Nafea	35	Shooting	NT
Heat 4 of 7 Timed Finals				
0	Nesma Hussain Ambaby Nasr	40	Ahly	NT
1	Sohad Shaaban Abd Rabo	42	Heliopolis	NT
2	Basant Moh. Ashraf Montaser	44	El Gezira	NT
3	Liudmila Kokhan	44	Pregel Club	NT
4	Amira Ayman Saif Elnasr	42	El Gezira	NT
5	Nevein Mahmoud Ali	47	Shooting	NT
6	Taline Albert Dekermendjian	48	El Gezira	NT
7	Rania Mohammad Raafat	47	Shooting	NT
8	Rehab Mohamed El Gohary	46	Ahly	NT
Heat 5 of 7 Timed Finals				
0	Maha Mohamed Mahmoud Labib	55	El Shams	NT
1	Noha Mahmoud Deiab	57	Shooting	NT
2	Amal Moh. Abd Elghaffar	57	El Gezira	NT
3	Rana Fouad Ali Mohsen	59	El Shams	NT
4	Sherien Ali Sery	58	Heliopolis	NT
5	Nahla Housen Gmal EL Den	57	Heliopolis	NT
6	Sherwet Wafaa Moh. Hafez	57	El Gezira	NT
7	Nermen Kamel Zakher Mousa	51	Shooting	NT
8	Heba Hassan Mahmoud	50	Shooting	NT

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0	Ingrid Wassmann	61	El Gezira	NT
1	Carole Jean Zaccar	61	El Gezira	NT
2	Lameia Ahmed Maher	63	El Gezira	NT
3	Nazla Faeidalla	64	Ahly	NT
4	Elham Mostafa Esmail	61	Heliopolis	NT
5	Seham Abdel Monaem Ahmed Khali	61	El Gezira	NT
6	Nisren Saad	66	Sporting	NT
7	Saher Mohamed el Tibi	68	Heliopolis	NT
8	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT
9	Omnia Labib Hanna Labib	65	Shooting	NT

Heat 7 of 7 Timed Finals

1	Sameha Kamal Seif El Nasr	81	Heliopolis	NT
2	Nagwa Yousef Gharab	81	Heliopolis	NT
3	Nageya Salah El Din Zolfakar	81	El Gezira	NT
4	Nadia Esmail Mohamed	70	Heliopolis	NT
5	Mona Kamel Youseif	70	Heliopolis	NT
6	Hoda Salah El Din Mortada	70	Heliopolis	NT
7	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT
8	Nadya Zakareia El Araby	78	El Gezira	NT

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Event 44 Men 25 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
0	Omar Mostafa Ebrahim	25	Heliopolis	NT
1	Ahmed Wael Husin	26	Tanta	NT
2	Omar Ahmad Khaled	27	Heliopolis	NT
3	Mohamed Ahmed Aboelabbas	28	El Shams	NT
4	Seif Mohamed Medhat	29	Ahly	NT
5	Amen Saad Kamel	28	Shooting	NT
6	Khaled Ahmed Attia	28	Canal El Suez	NT
7	Abdelrahman Mohamed Gaber	26	El Ghaba	NT
8	Belal Mosaad Altybe	25	Sporting	NT
9	Ali Wael Hashem	25	El Shams	NT
Heat 2 of 11 Timed Finals				
0	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT
1	Tarek Elsayed Mohamad Zayan	32	Shooting	NT
2	Amro Essam Aly Abd El Naby	33	El Gezira	NT
3	Omar Abdelhamied Radwan	33	El Shams	NT
4	Yahia Abdelhalim Mohamed Ahmed	34	El Shams	NT
5	Beshoy Maher Hosny	33	Canal El Suez	NT
6	Ahmed Mohamed Medhat Ahmed	33	El Shams	NT
7	Omar Ahmed Hesham Kandel	33	Shooting	NT
8	Mohammad Hassan Abdelmoneam	32	Shooting	NT
9	Omar Mohamed Abdelfattah Mohar	31	El Shams	NT
Heat 3 of 11 Timed Finals				
0	Islam Mohamed Teema	35	Canal El Suez	NT
1	Mohmed Hossam Eldin Mohmed	37	Cairo	NT
2	Mohammad Adel Mansour Askar	37	Shooting	NT
3	Mohamed Khaled Ahmed	38	Maadi	NT
4	Karim Mohamed Talaat Altanahy	39	Shooting	NT
5	Loai Ismael Hafez	38	Tanta	NT
6	Mohamed Abdullah	38	Khartoum Sea Scout	NT
7	Mohamed Saied Mohamed Hassan	37	El Gezira	NT
8	Mohamed Hosny AbdElmged	36	Canal El Suez	NT
9	Omar Abdelmonem Mohmed	31	Cairo	NT
Heat 4 of 11 Timed Finals				
1	Basel Omar Abd Elaziz	41	El Zohour	NT
2	Mohamad Ahmad Ezzat Emam	43	Shooting	NT
3	Amr Ahmed Abdel Wahab	44	Sporting	NT
4	Ahmed Saied Mohamed	43	Cairo	NT
5	Yasser Ahmed Ameen	42	Canal El Suez	NT
6	Mohab Magdy	30	Sporting	NT
7	Mahmoud Alsaad Soltan	30	Tanta	NT
8	Mohanad Mamdouh Shahen	25	El Shams	NT

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Heat 5 Timed Finals... (Event 44 Men 25 & Over 50 LC Meter Freestyle)

0	Abdelmoneim Khalaf	45	Sporting	NT
1	Sheref Wahed Emam	46	Heliopolis	NT
2	Karem Wagdy m Reyad	47	Heliopolis	NT
3	Mohamed Sabry Al Hakim	47	El Gezira	NT
4	Amr Samir Khorshed	49	Heliopolis	NT
5	Wael Mansour Ahmed ali	48	El Shams	NT
6	Jose Sanchez	47	El Gezira	NT
7	Sherief Fathe abd Elwahab	47	Cairo	NT
8	Mohamed Wagih Ahmed Elbedewi	45	El Shams	NT
9	Ahmad Mostafa Fahmy	45	Shooting	NT

Heat 6 of 11 Timed Finals

2	Yaser Aseim Mahmoud	51	Heliopolis	NT
3	Ahmed Aly Yossef	52	Tanta	NT
4	Hisham Hany El bon	54	Canal El Suez	NT
5	Mohamad Mohamad Abdel Hamed F	53	Shooting	NT
6	Taeimour Ahmed Seifalla Ghaleb	51	El Gezira	NT
7	Mohamed Ahmed Mohamed Sakr	51	El Shams	NT

Heat 7 of 11 Timed Finals

0	Ihab Gamil Labib Salib	55	El Shams	NT
1	Yasser Saed Aly Ahmad Khalil	57	Shooting	NT
2	Yaser Husen Mohamed Tawfek	57	Heliopolis	NT
3	Ashraf Hamdy Zeiyada	58	Shooting	NT
4	Ashraf Mohmed Fouad	57	Cairo	NT
5	Yasser Hussein Fayyad	56	El Shams	NT
6	Hany Aziz Sedky	61	Shooting	NT
7	Mohamed Ahmed Fouad Abdou	64	El Shams	NT
8	Abdalla Mahmoud Khalil Elnahas	63	El Gezira	NT
9	Waled Mohamed Fatthy	60	Heliopolis	NT

Heat 8 of 11 Timed Finals

1	Osman Ahmed Ali	65	Ahly	NT
2	Samy Wahby Sief	67	Heliopolis	NT
3	Mohamed Warda	68	Sporting	NT
4	Ahmed Ibrahim Edreis	69	Heliopolis	NT
5	Amr Mansour	69	Sporting	NT
6	Yaser Mohamed Maghraby	67	Heliopolis	NT
7	Hesham Fouad Mahmoud	66	Cairo	NT
8	Mostafa Hassan Abdel Tawab	65	Ahly	NT

Heat 9 of 11 Timed Finals

0	Mohamed Abdelfatah Mohamwd Aly	71	Shooting	NT
1	Gamal Ismail Mohamed	71	Shooting	NT
2	Hany Kamal Nasar	72	Heliopolis	NT
3	Mohamed Mahmoud Abas	74	Shooting	NT
4	Taher Khaled Mohamed Abou Samr	74	Shooting	NT
5	Abdel Sameia Abdel Hakim Ahmed	74	Maadi	NT
6	Mohamed Mosaad Fayed	72	Heliopolis	NT
7	Moaataz Mohamed Talaat	72	Heliopolis	NT
8	Mohamed Kamel Mazen	71	Ahly	NT
9	Montaser Mohamad Ahmad Awad	70	Shooting	NT

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2	Ramy Ahmed Refaat	75	El Gezira	NT
3	Eilia Tawfek Andaras	76	Cairo	NT
4	Mohamed Ragy Reda	79	El Gezira	NT
5	Hesham Omar Sedky	78	Shooting	NT
6	Mohamed Ali Mousa	76	Ahly	NT

Heat 11 of 11 Timed Finals

0	Mostafa Ebrahim Mohamad Hussin	80	Shooting	NT
1	Mosaad Hassan Shehab	81	Shooting	NT
2	Ahmed Abdel Baset	82	El Gezira	NT
3	Mohamed Salah El Din Mortagy	84	Shooting	NT
4	Ehab Shalabi	84	Heliopolis	NT
5	Salah El Din Mostafa Al Saba	82	Shooting	NT
6	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT
7	Wafeik Aeibad	86	Heliopolis	NT
8	Ahmed Hamada	85	Sporting	NT
9	Mahfouz Gerges Ghabreial	91	Ahly	NT

Event 45 Women 25 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Timed Finals				
0	Noha Farouk	45	Yacht Alex	NT
1	Samaa Sultan	45	Sporting	NT
2	Seham Abdel Monaem Ahmed Khalil	61	El Gezira	NT
3	Katrein Mary Hanafy	60	Shooting	NT
4	Haidy Ashraf Farouk	26	El Zohour	NT
5	Magda Ebrahim Khalil	58	Cairo	NT
6	Rawiea Mohamed Asaad	68	Shooting	NT
7	Lamyaa Mohamad Hassan Khalefa	40	Shooting	NT
8	Nermen Kamel Zakher Mousa	51	Shooting	NT

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Event 46 Men 25 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
0	Moataz Mahmoud abd Elmonem	30	Cairo	NT
1	Mohammad Tarek Mohammad Huss	31	Shooting	NT
2	Moaataz Bella Aly Mohamed	32	Heliopolis	NT
3	Mostafa Mohamed Ramadan	30	Ahly	NT
4	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT
5	Ahmed Yousry Moktar	38	Shooting	NT
6	Ehsan Mohamad Gomaa Mohamad	38	Shooting	NT
7	Omar Wael Hashem Aly	29	El Shams	NT
8	Marwan El Amrawy	29	Sporting	NT
9	Abd Elrahman Yasser Tarief	27	Cairo	NT
Heat 2 of 4 Timed Finals				
2	Mohamed Mossad Kandil	47	El Zohour	NT
3	Emad El Din Yosef Mostafa	49	Shooting	NT
4	Hossam Elden Hussien	48	Cairo	NT
5	Hussin Mohamad Ebrahim Badran	41	Shooting	NT
6	Waleed Ahmed Fouad	43	Shooting	NT
7	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT
Heat 3 of 4 Timed Finals				
0	Mohmed ali Mahmoud	52	Cairo	NT
1	Waleed Hassan Hussien Zayed	54	Shooting	NT
2	Nezar Ahm. Abdel Rahman Fakhry	54	El Gezira	NT
3	Khaled Abdel Hamed Soliman	54	Shooting	NT
4	Ayman Al Quidy	52	Yacht Alex	NT
5	Ahmed Rashad Mah. Salam	56	El Gezira	NT
6	Sherif Salah Eldin Mahmoud	58	Shooting	NT
7	Osama Nayef Sleem	57	Canal El Suez	NT
8	Ragaa Ahmed Taha Maarouf	67	Shooting	NT
9	Amr Abdellateif El Ghayesh	67	Maadi	NT
Heat 4 of 4 Timed Finals				
3	Elsayed Hassan AboElwafa	70	Canal El Suez	NT
4	Ezzeldin Abdelhalim Abdelhamis El	73	El Shams	NT
5	Moneir Hossein Eisa Abdel Raheim	72	Shooting	NT