

Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024

Meet Program - Thursday 23 May 2024

Event 13 Women 25 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
0	Merhan Yasser Mohamed Salem	25	El Zohour	NT
1	Haidy Ashraf Farouk	26	El Zohour	NT
2	Salma Abd EL Hakeem Mohame	28	El Shams	NT
3	Mariem Mohmed Saeid	29	Cairo	NT
4	Sanna Ashraf Mohmed	29	Cairo	NT
5	Rafif Hesham Sayed	29	El Zohour	NT
6	Mayar Hesham ali	28	Cairo	NT
7	Merna Amr Abd EL Fatah	27	Heliopolis	NT
8	Brehan Ali Mosaad Idres	25	Smoha	NT
9	Mounira Ebrahim Basuony	25	Smoha	NT
Heat 2 of 4 Timed Finals				
0	Dina Ahmad Mohammad Nafea	35	Shooting	NT
1	Batol Husen Shahan	37	Heliopolis	NT
2	Radwa Abdelgalil Mahmoud	36	Cairo	NT
3	Samaa Sultan	45	Sporting	NT
4	Sherifa Salah Sabry Mohamed	49	TM Sports	NT
5	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT
6	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT
7	Yasmeen Moussad Mohamed Ismaie	30	El Zohour	NT
8	Saly Farag Abdelaziz Farag	44	Shooting	NT
Heat 3 of 4 Timed Finals				
0	Mona Mohamad Abdel Khalek	65	Shooting	NT
1	Natalia Aleshchenko	67	Pregel Club	NT
2	Saher Mohamed el Tibi	68	Heliopolis	NT
3	Nisren Saad	66	Sporting	NT
4	Salam Taha Houssein	53	Shooting	NT
5	Monica Elena Bopescu	51	Shooting	NT
6	Rana Fouad Ali Mohsen	59	El Shams	NT
7	Marie Elhage	59	Sporting	NT
8	Maha Mohmoud El Kholy	63	Heliopolis	NT
Heat 4 of 4 Timed Finals				
2	Palma Csepeli	80	Regele	NT
3	Sameha Kamal Seif El Nasr	81	Heliopolis	NT
4	Nagwa Yousef Gharab	81	Heliopolis	NT
5	Nadia Elgendy Girges	73	Shooting	NT
6	Hoda Salah El Din Mortada	70	Heliopolis	NT

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Event 14 Men 25 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
0	Nour Eldin Ahmad Elwesemy	26	Shooting	NT
1	Ahmed Mohamed Lotfy	26	Ahly	NT
2	Omar Ahmad Khaled	27	Heliopolis	NT
3	Seif Mohamed Medhat	29	Ahly	NT
4	Marwan El Amrawy	29	Sporting	NT
5	Omar Wael Hashem Aly	29	El Shams	NT
6	Khaled Ahmed Attia	28	Canal El Suez	NT
7	Omar Hesham Abdel Latif Hassan	27	Cairo	NT
8	Abdelrahman Mohamed Gaber	26	El Ghaba	NT
Heat 2 of 10 Timed Finals				
2	Mahmoud Alsaad Soltan	30	Tanta	NT
3	Omar Abdelmonem Mohamed	31	Cairo	NT
4	Islam Maged	34	Sporting	NT
5	Ahmed Mohamed Medhat Ahmed	33	El Shams	NT
6	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT
Heat 3 of 10 Timed Finals				
2	Hosam Mohammad Alghazaly	35	Shooting	NT
3	Yousef Hesham Yousef Sayed Gomaa	37	Shooting	NT
4	Mohamed Khaled Ahmed	38	Maadi	NT
5	Mohamed Saied Mohamed Hassan	37	El Gezira	NT
6	Mohamed Hosny AbdElmged	36	Canal El Suez	NT
7	Islam Mohamed Teema	35	Canal El Suez	NT
Heat 4 of 10 Timed Finals				
2	Sherif Adel Ramsis Eppo	40	Shooting	NT
3	Khaled Mahmoud Elsayed	41	Shooting	NT
4	Ahmed Saied Mohamed	43	Cairo	NT
5	Ahmed Hussain Dorra	42	Tanta	NT
6	Ahmed Emad Mohamed Neihad	40	Heliopolis	NT
Heat 5 of 10 Timed Finals				
1	Mohamed Ahmad Hany Yossef	45	Shooting	NT
2	Yassen Shazly Fortune	46	Heliopolis	NT
3	Jose Sanchez	47	El Gezira	NT
4	Ashraf AL Quidy	49	Yacht Alex	NT
5	Wael Mansour Ahmed ali	48	El Shams	NT
6	Ahmed Nabil Abd Elaziz	46	El Zohour	NT
7	Ali Mohamed Ali Salman	45	El Gezira	NT
8	Hazem Abdelrahman Mohamed	45	El Shams	NT
Heat 6 of 10 Timed Finals				
2	Mohmed ali Mahmoud	52	Cairo	NT
3	Mohamad Mohamad Abdel Hamed F	53	Shooting	NT
4	Hisham Hany El bon	54	Canal El Suez	NT
5	Karim Assem Moh. Abou El Enein	53	El Gezira	NT
6	Ayman Al Quidy	52	Yacht Alex	NT

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Heat 7 Timed Finals... (Event 14 Men 25 & Over 200 LC Meter Freestyle)

0	Zahran Abdel Aziz Zahran	55	Shooting	NT
1	Walid Mohamed Ibrahim ElSheikh	57	Maadi	NT
2	Ashraf Mohmed Fouad	57	Cairo	NT
3	Sherif Salah Eldin Mahmoud	58	Shooting	NT
4	Yaser Husen Mohamed Tawfek	57	Heliopolis	NT
5	Ahmed Rashad Mah. Salam	56	El Gezira	NT
6	Tarik Mohamed Abaza	63	Ahly	NT
7	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT
8	Osama Ahmad Momtaz	64	Shooting	NT
9	Mohsan Abou Alwafa	62	Sporting	NT

Heat 8 of 10 Timed Finals

1	Mostafa Hassan Abdel Tawab	65	Ahly	NT
2	Ragaa Ahmed Taha Maarouf	67	Shooting	NT
3	Yasser Mohamed Mounir abd el Aziz	68	El Shams	NT
4	Amr Mansour	69	Sporting	NT
5	Ahmed Ibrahim Edreis	69	Heliopolis	NT
6	Mohamed Warda	68	Sporting	NT
7	Hesham Fouad Mahmoud	66	Cairo	NT

Heat 9 of 10 Timed Finals

1	Alsayed Mohamad Boraie	70	Shooting	NT
2	Atef abd Elghany Abdelgawad	72	El Zohour	NT
3	Mohamed Mahmoud Abas	74	Shooting	NT
4	Taher Khaled Mohamed Abou Samr	74	Shooting	NT
5	Ezzeldin Abdelhalim Abdelhamis El	73	El Shams	NT
6	Mohamed Kamel Mazen	71	Ahly	NT
7	Karam Mohamed Habieb	77	Heliopolis	NT

Heat 10 of 10 Timed Finals

1	Said Ahmed Kamal	80	Ahly	NT
2	Mosaad Hassan Shehab	81	Shooting	NT
3	Salah El Din Mostafa Al Saba	82	Shooting	NT
4	Ehab Shalabi	84	Heliopolis	NT
5	Mostafa Mohamed Rashad Mahmou	83	Ahly	NT
6	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT
7	Mostafa Ebrahim Mohamad Hussin	80	Shooting	NT
8	Ahmed Hamada	85	Sporting	NT

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Event 15 Women 25 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Timed Finals				
2	Merhan Yasser Mohamed Salem	25	El Zohour	NT
3	Mounira Ebrahim Basuony	25	Smoha	NT
4	Sanna Ashraf Mohamed	29	Cairo	NT
5	Mayar Hesham ali	28	Cairo	NT
6	Farha Ehab Abou El Senoun	25	Heliopolis	NT
7	Wesam Hossam Eddin Ebrahim	33	Shooting	NT
Heat 2 of 5 Timed Finals				
0	Sherok Sherif Al Shenawy	40	Maadi	NT
1	Nesma Hussain Ambaby Nasr	40	Ahly	NT
2	Liudmila Kokhan	44	Pregel Club	NT
3	Basant Moh. Ashraf Montaser	44	El Gezira	NT
4	Omneya Tarif	40	Sporting	NT
5	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT
6	Heba Alla Yahya Abd Elrahman	38	Ahly	NT
7	Nora Fouad Ali Ibrahim	38	Shooting	NT
8	Yoummna Hossam Eldin Hamed	38	Heliopolis	NT
9	Passant Magdy Mahmoud Moussa	35	El Shams	NT
Heat 3 of 5 Timed Finals				
2	Noha Farouk	45	Yacht Alex	NT
3	Rania Mohammad Raafat	47	Shooting	NT
4	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT
5	Salam Taha Houssein	53	Shooting	NT
6	Rania Sami	53	Sporting	NT
Heat 4 of 5 Timed Finals				
0	Nahla Housen Gmal EL Den	57	Heliopolis	NT
1	Magda Ebrahim Khalil	58	Cairo	NT
2	Marie Elhage	59	Sporting	NT
3	Manal Fawzi Gadalla	59	Heliopolis	NT
4	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT
5	Sherien Ali Sery	58	Heliopolis	NT
6	Katrein Mary Hanafy	60	Shooting	NT
7	Nazla Faeidalla	64	Ahly	NT
8	Maha Mohmoud El Kholy	63	Heliopolis	NT
Heat 5 of 5 Timed Finals				
1	Palma Csepeli	80	Regele	NT
2	Nagwa Yousef Gharab	81	Heliopolis	NT
3	Madiha Mohamed Sherif	81	Heliopolis	NT
4	Rawiea Mohamed Asaad	68	Shooting	NT
5	Nisren Saad	66	Sporting	NT
6	Douriea Ahmed Nazzmy	73	Maadi	NT
7	Nadia Elgendy Girges	73	Shooting	NT

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Event 16 Men 25 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
0	Farid Tadros Morad Tadros	25	El Gezira	NT
1	Basel Hussin Ebrahim Ahmed	26	Shooting	NT
2	Mohamed Nour Ibrahim	29	Ahly	NT
3	Shady Medhat Hassn	27	Ahly	NT
4	Abdelrahman Mohamed Gaber	26	El Ghaba	NT
5	Mohammad Tarek Mohammad Huss	31	Shooting	NT
6	Amro Essam Aly Abd El Naby	33	El Gezira	NT
7	Mohamad Hesham Ahmad Mostafa	32	Shooting	NT
8	Loai Ismael Hafez	38	Tanta	NT
9	Omar Abd El Maged El Akad	35	Heliopolis	NT
Heat 2 of 6 Timed Finals				
0	Amr El Arwosy	45	Sporting	NT
1	Ahmed Nabil Abd Elaziz	46	El Zohour	NT
2	Hossam Elden Hussien	48	Cairo	NT
3	Mohamed Abdelhamid Elebiary	49	Ahly	NT
4	Yasser AbdelHady AbdelHady	48	El Shams	NT
5	Mohamed Wagih Ahmed Elbedewi	45	El Shams	NT
6	Sherif Adel Ramsis Eppo	40	Shooting	NT
7	Mohamed Fathy Mohamed	42	El Shams	NT
8	Mohamed Elmy Sayed	41	El Zohour	NT
Heat 3 of 6 Timed Finals				
2	Ihab Gamil Labib Salib	55	El Shams	NT
3	Magdy Farouk Fouad Hanna	57	El Shams	NT
4	Osama Nayef Sleem	57	Canal El Suez	NT
5	Hany Farouk Abdelhmed	50	Tanta	NT
6	Tarek Hassan Bakry	53	Heliopolis	NT
7	Ahmed Aly Yossef	52	Tanta	NT
Heat 4 of 6 Timed Finals				
0	Mostafa Hassan Abdel Tawab	65	Ahly	NT
1	Samy Wahby Sief	67	Heliopolis	NT
2	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT
3	Yaser Mohamed Maghraby	67	Heliopolis	NT
4	Taher Mohamdy Moh. Soleman	66	El Gezira	NT
5	Hosam El Den Tanawy	61	Heliopolis	NT
6	Tarik Mohamed Abaza	63	Ahly	NT
7	Ahmed Mohamed Ibrahim	64	Shooting	NT
8	Mohsan Abou Alwafa	62	Sporting	NT
9	Waled Mohamed Fatthy	60	Heliopolis	NT
Heat 5 of 6 Timed Finals				
0	Elsayed Hassan AboElwafa	70	Canal El Suez	NT
1	Ali Selim Al Halaby	71	Heliopolis	NT
2	Moneir Hossein Eisa Abdel Raheim	72	Shooting	NT
3	Mohamed Mahmoud Abas	74	Shooting	NT
4	Mohssein Abdel Kawy Al Housseiny	73	Ahly	NT
5	Atef abd Elghany Abdelgawad	72	El Zohour	NT
6	Alsayed Mohamad Boraie	70	Shooting	NT
7	Hassan El Tomy	78	Sporting	NT
8	Karam Mohamed Habieb	77	Heliopolis	NT

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Heat 6 Timed Finals... (Event 16 Men 25 & Over 100 LC Meter Backstroke)

1	Mohamed Refaat Ahmed Refaat	80	Ahly	NT
2	Ahmed Abdel Baset	82	El Gezira	NT
3	Baheig Boshra Meikhaeil	84	Heliopolis	NT
4	Mohamed Salah El Din Mortagy	84	Shooting	NT
5	Mosaad Hassan Shehab	81	Shooting	NT
6	Mahfouz Gerges Ghabreial	91	Ahly	NT
7	Wafeik Aeibad	86	Heliopolis	NT